U.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved Office of Management and Budget No. 1215-0188 Expires

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.



1. File Number U -

READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

2. Fiscal Year Covered From:

	1/1/04 Through: 12/3/04	
3. Name and address of person filing.	4. Name, file number, and address of labor organization.	
Name ALLEN Y ZACK	Name UNITED FOOD & COMMERCIAL WORKERS	
	Labor Organization File Number 000 -056	
P.O. Box, Bldg., Room No., if any P.O. Box 1138	P.O. Box, Building and Room Number, if any	
Street	Street 1775 K STREET N.W.	
City BETHANY BEACH	City WASHINGTON	
State DELAWARE ZIP Code + 4 19930	State D.C. ZIP Code + 4 2000 C	
5. Position in labor organization. ASSISTANT DIRECTOR —STRATEGIC PROGRAMS		
Enter appropriate data below If, during the past fiscal year, you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions set forth in the instructions):		
A. Held an interest in, engaged in transactions (including loans) with, or monetary value from an employer whose employees your organization.	derived income or other economic benefit of on represents or is actively seeking to represent.	
Name and address of Employer (including trade name, if any).	7.a. Nature of Interest, Transaction, or Income.	
Name		
Trade Name, if any:		
P.O. Box, Bldg., Room No., if any		
Street	7.b. Amount.	
City International Control of the Co		
	,	
State ZIP Code + 4		
	nature	
Sign 15. Signature and verification. The undersigned declares, under penalty of	Perjury and other applicable penalties of the law, that all of the information ring documents), has been examined by the signatory and is, to the best of the	
Sign 15. Signature and verification. The undersigned declares, under penalty of submitted in this report (including the information contained in any accompany	Perjury and other applicable penalties of the law, that all of the information ring documents), has been examined by the signatory and is, to the best of the	

Name of Person Filing ALLEN 4 ZACIC		File Number U-
B. Held an interest in or derived income or economic benefit with monetary values substantial part of which consists of buying from, selling or leasing to, or other of an employer whose employees your labor organization represents or is actively any part of which consists of buying from or selling or leasing directly or included in the consists of buying from or selling or leasing directly or included in which your labor organization or with a trust in which your labor organization.	wise dealing with the business rely seeking to represent, or irectly to, or otherwise	S
8. Name and address of Business (including trade name, if any). Name WESTER, MRAK & BLUMBERG Trade Name, if any: P.O. Box, Bldg., Room No., if any Street 1422 SENECA STREET City SEATTLE State WASH INSCION ZIP Code + 4 98101	9. Business deals with: a. Labor Organiza b. Trust c. Employer	tion
10. If 9.b. or 9.c. is checked give trust or employer's name.	11.a. Nature of such deali	
Name	Legal Servi	CCS
Trade Name, if any:		
P.O. Box, Bldg., Room No., if any		
Street		
City	11.b. Approximate dollar values 12.a. Nature of interest held	timina anno anno anticontra a constitui a
the second secon	12.a. Nature of filterest field	
State ZIP Code + 4	Meds	
State ZIP Code + 4		
State ZIP Code + 4	12.b. Amount.	
C. Received from any employer (other than an employer covered under or from any labor relations consultant to an employer any payment of money 13.a. Name and address of Employer or Labor Relations Consultant	12.b. Amount. r parts A and B above) or other thing of value. 14.a. Nature of payment.	
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